



Donation form

EMPOWERING
YOUNG PEOPLE
THROUGH
ACTIVITY

I would like to make a donation to **US** *

Title: _____ Name: _____

Address: _____

Tel: _____

Email: _____

What your donation means to



Your £25 would pay for one to one support for a young person to identify their personal goals and make the step onto a US fitness programme

Your £50 would pay for two qualified coaches to deliver a fitness session for a group of young people experiencing mental health difficulties

Your £1000 would pay for a full programme of sessions for a group of young people experiencing mental health difficulties

I would like to make a donation of £ _____ to **US**

I enclose a Cheque

I enclose a Postal Order

I enclose Cash

Signature:

Date:

Help **US** more and *giftaid it*

With Gift Aid, we can make your donation go further. By ticking the Gift Aid box, we can claim back from the government 25p for every £1 donated, boosting the value of the donation by a quarter.

I confirm that I am a UK Income or Capital Gains taxpayer

I have read this statement and want the the charity named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

We'd love to know more about your donation to **US**

